

Card Making Guidelines

Your handmade cards will be distributed to people fighting all types of cancers and other life altering illnesses.



folded card
4 1/4" x 5 1/2"



flat card
4 1/4" x 5 1/2"

We ask that the cards be made to fit the industry standard envelope size A-2.

This means that flat cards should be no larger than 4.25" x 5.5" and folded cards must be no larger than 8.5" x 5.5" before they are folded to be 4.25" x 5.5" when folded.

If you are not using pre-sized cardstock, you can cut paper to be 4.25" x 5.5" for a flat card, or 8.5" x 5.5" for a folded card.

You can use the front and or middle of the card to write your message and draw pictures or decorate. Be creative! Think of things that would brighten up someone's day. You can decorate with markers, crayons, colored pencils, stickers, craft supplies, etc.

Example pictures include:

- Rainbows/Flowers/Hearts/Sunshine
- People holding hands
- Smiley faces
- Animals
- Trees/mountains
- Anything happy and upbeat

You can write one of the suggested messages with additional notes that are positive

Please make sure to avoid saying "Get Well Soon", "Feel Better Soon", and including religious messages as we do not know the religious beliefs of those receiving the cards.

Suggested Messages include:

- "Sending good vibes your way!"
- "Hello beautiful, gloves up!"
- "Stay strong!"
- "Fight Like A Girl!"
- "Sending sunshine your way."
- "Thinking of you"
- "Sending you a hug for a great day"

If you would like to you sign each card, please only sign your first name for privacy reasons. You can even have multiple people sign a card for added support. You can also choose to remain anonymous.

All completed cards can be sent to:

FIGHT LIKE A Girl
FOUNDATION™
Uniting as ONE until we've WON

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Westlake, OH 44145

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